

# 47 RESOLUTIONS FROM YOUR FAVORITE SOUTHERN CHEFS, MUSICIANS, ARTISTS, ENTREPRENEURS, CREATIVES AND TASTEMAKERS

December 30, 2015

As told to Jess Graves

*We asked some of our favorite Southern friends (many of whom you might recognize from our stories this past year) what they're promising themselves in 2016; the responses made us laugh and tugged our heart strings ... but most of all, they inspired us to sit down and think about our own goals for the coming year. Maybe they'll do the same for you.*



**VIVIAN BENCICH, SQUARE FEET STUDIO**

Square Feet Studio's John and Vivian Bencich at Ponce City Market's food hall. Many of the stalls were designed by their team.

Photo: Mary Kelly Clary for The Love List.

“To practice more yoga, period.”